

# Intimate Care Policy

## Introduction

Moat House aims to support children's care and welfare on a daily basis in line with their individual needs. All children need contact with familiar, consistent carers to ensure they can grow confidently and feel self-assured. At times children need to be cuddled, encouraged, held and offered physical reassurance.

**Intimate Care – In line with current guidance for COVID 19, staff will wear a face mask and goggles when changing babies/toddlers nappies as well as an apron and gloves... this will be reviewed on a regular basis.**

Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing, supporting children with toilet training, applying cream, changing clothes where required, bathing a baby, first aid treatment and specialist medical support.

We wish to ensure the safety and welfare of the children involved in intimate care routines and safeguard against any potential harm, as well as ensuring the staff member is fully supported and able to carry out their duties safely and confidently.

At Moat House we will:

- Promote consistent and caring relationships through the key person system in the nursery and ensure all parents understand how this works
- Ensure all staff undertaking intimate care routines have suitable enhanced DBS checks

- Train all staff in the appropriate methods for intimate care routines and access specialist training where required, i.e. First Aid training, specialist Asthma training
- Conduct thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care routines
- Follow up on these procedures through supervision meetings and appraisals to identify any areas for development or further training
- Ensure all staff have an up-to-date understanding of safeguarding, child protection and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise these concerns in the most appropriate manner
- The nursery manager attends termly network meetings which are delivered by the Early Years Advisory team. This ensures we keep up to date with current practice.

### Potty Training

When a child starts to show signs that they are becoming aware of their bodily functions staff will discuss with parents/carers their plans on potty/toilet training their child. It is very important that we work together to potty/toilet train a child. If we start the training and the child is not ready then we can stop and start again when they are, giving children the support and reassurance they need during this period.

This policy was reviewed in: May 2019

Date for review:

**This policy was reviewed June 2020**